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 A Method of Diagnosing a Risk of Developing Insulin Resistance  
 A<sup>2</sup>  
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 INHIBITION OF MAL1  
 TECHNICAL FIELD  
 This invention relates to lipid metabolism disorders. ✓

## BACKGROUND

Obesity, insulin resistance, diabetes, dyslipidemia, and atherosclerosis are significant public health concerns. Advances in molecular genetics of cardiovascular disease have enabled the identification of individuals at high cardiovascular risk. Researchers continue to search for genetic risk factors for diabetes and atherosclerosis. Although hyperinsulinemia has been linked with cardiovascular disease and atherosclerosis, the connection between these pathological condition is not understood.

## SUMMARY

The invention is based on the discovery that decreasing Mal1 (also called keratinocyte fatty acid binding protein) expression prevents or inhibits the development of obesity, insulin resistance, diabetes, dyslipidemia, and atherosclerosis. Accordingly, the invention features a method of preventing or inhibiting such conditions by administering to a mammal, e.g., a human patient who has been identified as suffering from or at risk of developing one or more of the above-listed pathologies, a compound that reduces expression or activity of Mal1. Preferably, the compound inhibits transcription of endogenous Mal1. The compound binds to a cis-acting regulatory sequence of the Mal1 gene and decreases Mal1 transcription. Alternatively, the compound inhibits translation of Mal1 mRNA into a Mal1 gene product, e.g., an antisense nucleic acid. Antisense therapy is carried out by administering a single stranded nucleic acid complementary at least a portion of Mal1 mRNA. In another example, the antisense nucleic acid is a DNA template operatively linked to a promoter (e.g., a macrophage-specific promoter), and the transcription of the DNA template yields an antisense nucleic acid product which is complementary to an mRNA encoding an Mal1 polypeptide. For example, an antisense nucleic acid is complementary to sequences in exon 1 of a Mal1 gene. Nucleic acids complementary to all or part of a Mal1 coding

- 5 sequence are used to inhibit Mall expression. The nucleic acid is at least 10 nucleotides in length (more preferably at least 20, 30, 40, 50 nucleotides in length) and is complementary at least a 10 nucleotide stretch of a mouse or human Mall cDNA

Table 1: Amino acid sequence of mouse Mall (keratinocyte fatty acid binding protein)

- 10 MASLKDLEGK WRLMESHGFEEYMKELGVGLALRKMAAMAKPDCIITCDGNNIT  
VKTESTVKTTVFSCNLGEKFDETTADGRKTETVCTFQDGALVQHQQWDGKESTI  
TRCLKDGKMIVECVMNNATCTRVYEKVQ (SEQ ID NO:1; GENBANK™ Accession  
No. AFO61015)

- 15 Table 2: Nucleotide sequence of mouse Mall (keratinocyte fatty acid binding protein)

- 1 aatgggagca acatgctagc tatgcaggtc ggtgagttag tgagtgagtg acaagaggct  
61 ggccagtggg atgataagga atgaatcctt gcttatcatt gtacaaatta cgtcattttc  
121 cataccaca ggagtaggac tggctcttag gaagatggct gccatggcca agccagactg  
181 tatcattacg tgtgatggca acaacatcac ggtcaaaacc gagagcacag tgaagacgac  
241 tgtgttctct tgtaacctgg gagagaagtt tgatgaacg acagctgatg gcagaaaaac  
301 tgaggtcagc tacaacatac tgtgaagcga cagaagcttc tagatttaca gattaaattg  
361 cattaacaat gtctgtactt actgccaagg gctgactgaa aaaactactt tatggagttg  
421 acttttgata aattagtaaa agtcccagga ctaagaaatg aagacatctt atgagtttct  
481 agatcgaaaa gcacatagtt gtattgtgaa caaatcagt atgatggggg ggagttcaga  
541 gagggaaaagg cgaagacttg ttggagtggg gtgggtcctg ggggttcctt cactttggaa  
601 gatgatgaac taactaccct gtatttttgc agacggtctg caccttcaa gacggtgccc  
661 tggtcagca ccagcaatgg gacgggaagg agagcacgat aacaagaaaa ctgaaggatg  
721 ggaagatgat cgtggtgagc atcaaagcac tggcaccatg ctgggattgg gcctgcagcc  
781 acagttgca taaccacttc gggctattgg ttcttaaca agagaaggaa acttaggagg  
841 acaatactga aaataacaag ttagaaacga gagtctcat tgcagaggca gccctgttg  
901 ggacggagaa gtgatgggat cccaggatgt ggctgcagca gagcctgaga gctggcaggc  
961 caccgagcag cccctcctg gtacattgat ttaagtaagg gatattgcc aaaacacatg  
1021 aataatttag agatcatac cagtgcctta gtctgcaggg cagcaaatat acatataaac  
1081 aaaacagcag ctctaggtct tcttgagttt gaatcctgag atgtggttt tctgttaggt  
1141 tggttacaag cgtttatagg attctgcca caacacatgc tctgaaatgt acagttggcc  
1201 tgagactcta tctttctct cctaggagtg tgcataaac aatgccacct gcactcgggt  
1261 ctatgagaag gtgcaatga

- 40 (SEQ ID NO:2 ; GENBANK™ Accession No. AFO61015; for cDNA, join nucleotides  
569..647,132..304,633..734, and 1226..1279)

Table 3: Amino acid sequence of human Mall (keratinocyte fatty acid binding protein)

- 45 MATVQQLEGRWRLVDSKGFDEYMKELGVGIALRKMGAMAKPDCIITCDGKNLT  
IKTESTLKTTFQFCTLGEKFEETTADGRKTQTVCNFTD GALVQHQEWDGKESTIT  
RKLKDGKLVVECVMMNNVTCTRIYEKVE (SEQ ID NO:3 ; GENBANK™ Accession  
No. M94856)

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Table:4 Nucleotide sequence of human Mal1 (keratinocyte fatty acid binding protein)

1 accgccgacg cagaccctc tctgcacgcc agcccgcccg caccacccat ggccacagtt  
 61 cagcagctgg aaggaagatg gcgcctggtg gacagcaaag gctttgatga atacatgaag  
 10 121 gagctaggag tgggaatagc ttgcgaaaa atgggcgcaa tggccaagcc agattgtatc  
 181 atcacttggt atggtaaaaa cctcaccata aaaactgaga gcactttgaa aacaacacag  
 241 ttttcttgta ccttgaggaga gaagttgaa gaaaccacag ctgatggcag aaaaactcag  
 301 actgtctgca actttacaga tgggtcattg gttcagcatc aggagtggga tgggaaggaa  
 361 agcacaataa caagaaaatt gaaagatggg aaattagtgg tggagtgtgt catgaacaat  
 15 421 gtcacctgta ctcgatcta tgaaaaagta gaataaaaat tccatcatca ctttgacag  
 481 gagttaatta agagaatgac caagctcagt tcaatgagca aatctccata ctgttcttt  
 541 ctttttttt tcattactgt gttcaattat ctttatcata aacattttac atgcagctat  
 601 ttcaaagtgt gttggattaa ttaggatcat ccccttggtt aataataaa tgtgtttgtg  
 661 ct

20 (SEQ ID NO:4; GENBANK™ Accession No. M94856; cDNA spans nucleotides 49-456;  
 polyA signal spans 645-650)

The Mal1 inhibitory compound is administered systemically or locally.

25 The invention also includes a method of preventing or inhibiting the development  
 of obesity, insulin resistance, diabetes, dyslipidemia, and atherosclerosis by administering  
 to a mammal a compound that reduces activity of Mal1. By "Mal1 activity" is meant  
 fatty acid binding. The level of Mal1 activity is determined by measuring the level of  
 circulating free fatty acids in a mammal. A reduction in the level of circulating free fatty  
 acids indicates an inhibition of Mal1 activity.

30 The invention also includes a method of diagnosing individuals who are at risk of  
 developing obesity, insulin resistance, diabetes, dyslipidemia, and atherosclerosis. An  
 increase in patient Mal1 gene product or transcripts indicates that the patient is suffering  
 from or at risk of developing one or more of the pathological conditions described above.  
 A mutation in the Mal1 gene which leads to increased Mal1 production also indicates a  
 35 predisposition to developing such conditions. Tissue samples to be tested include  
 peripheral blood or cells (e.g., macrophages) derived from a blood sample, as well as  
 solid tissue sample (e.g., adipose tissue).

Other features and advantages of the invention will be apparent from the  
 description and drawings.

#### DESCRIPTION OF DRAWINGS

40 Fig. 1 is a diagram of the genomic structure of Mal-1-deficient mice and the  
 deletion mutagenesis strategy used to generate the Mal-1-deficient mice.

5 Fig. 2 is a line drawing showing growth curves of wild type mice compared to mall<sup>-/-</sup> mice. Time (in weeks) is plotted on the x-axis, and body mass (in grams) is plotted on the y-axis.

Fig. 3A is a bar graph showing plasma glucose levels in wild type and mall<sup>-/-</sup> mice.

10 Fig. 3B is a bar graph showing plasma insulin levels in wild type and mall<sup>-/-</sup> mice.

Fig. 4 is a line graph showing the rate of glucose metabolism in wild type and mall<sup>-/-</sup> mice as measured using a standard insulin tolerance test

15 Fig. 5 is a line graph showing the rate of glucose metabolism in wild type and mall<sup>-/-</sup> mice using a standard glucose tolerance test.

Fig. 6 is a bar graph showing plasma triglyceride levels in wild type and mall<sup>-/-</sup> mice in a fasted state compared to a postprandial state.

Fig. 7 is a bar graph showing plasma cholesterol levels in wild type and mall<sup>-/-</sup> mice in a fasted state compared to a postprandial state.

20 Fig. 8 is a bar graph showing plasma glycerol levels in wild type and mall<sup>-/-</sup> mice in a fasted state compared to a postprandial state.

Fig. 9 is a bar graph showing plasma free fatty acid (FFA) levels in wild type and mall<sup>-/-</sup> mice in a fasted state compared to a postprandial state.

25 Fig. 10A is a photograph of a northern blot assay showing expression of Mall in primary mouse macrophages.

Fig. 10B is a photograph of a northern blot assay showing expression fo Mall in human macrophages.

### DETAILED DESCRIPTION

30 Fatty acid binding proteins (FABP) such as Mall or keratinocyte fatty acid binding protein) are members of a family of small cytoplasmic proteins which function to traffic lipid in the cell. The gene encoding Mall, a member of the FABP family, was found to be upregulated in multi-stage skin carcinogenesis. The gene product is expressed in adipocytes as well as other cell types such as macrophages.

5 In aP2-deficient mice, a compensatory increase in expression of Mal1 protein in adipose tissue was observed. To further determine the role of Mal1 in adipocyte biology and energy metabolism, mice which are homozygous for a targeted null mutation in the mal1 gene were generated.

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10 Genetic ablation of Mal1 (keratinocyte fatty acid binding protein) results in decreased body weight, increased systemic insulin sensitivity, reduced glucose and insulin levels, reduced plasma triglyceride levels, reduced plasma cholesterol levels, and improved lipoprotein profiles (with increased HDL and decreased LDL). Mal1 knockout mice have reduced circulating lipids. Mal1 was found to be expressed in and developmentally regulated in macrophages. The data described herein indicate that inhibitors of Mal1 expression or activity are useful to treat obesity, insulin resistance, diabetes, hyperlipidemia, and atherosclerosis.

#### Mal-1-deficient mice

20 The mal1 gene was targeted and a null mutation made using standard methods. The deletion strategy is shown in Fig. 1. Primers P1 and P2 were used to amplify the wild type allele, and primers P3 and P4 were used to amplify the targeted allele. Germline transmission of the targeted allele was followed by backcrossing five generations onto C57Bl6/J mice and sibling crosses to obtain homozygous null mice on an inbred background.

25 Mal1-deficient mice are crossed with other knockout mice to determine the contribution of Mal1 in other disease models such as models for atherosclerosis or obesity. For example, double knockout mice are generated with have homozygous mutation in the Mal1 gene as well as another gene such as Ob/Ob, Tubby/Tubby, Db/Db, Fat/Fat, kka<sup>y</sup>/kka<sup>y</sup>. The data shown in Fig. 2 demonstrated that Mal1-deficient mice have reduced body fat. These data indicate that inhibiting expression of activity of Mal1 is useful to treat obesity.

#### Glucose Metabolism

35 Blood sample were taken from wild type and mutant mice. Animals were followed for 7 months (Mal-deficient mice (n=8); wild type mice (n=7). Blood samples were collected after 24 hours of fasting in week 18 and 22 (Fasted State). For Postprandial state (after feeding), samples were collected at 1:00 a.m. after free access to

5 food in week 26. The data depicted in Figs. 3A-B demonstrates that Mal1 knockout mice have a lower plasma level of glucose and insulin compared to wild type mice using a standard plasma test. Figs. 4 and 5 confirm these data using a standard insulin tolerance test (ITT; Fig. 4) or a standard glucose tolerance test (GTT; Fig. 5). The data indicate that decreased Mal1 expression results in increased glucose sensitivity. Mal1-deficient mice  
10 were more capable of metabolizing ingested glucose and did so at a faster rate compared to wild type animals.

#### Lipid metabolism

Lipid metabolism in wild type and mutant mice was evaluated. Plasma from mice in a fasted state and a postprandial state (i.e., following a meal) were analyzed. A  
15 decrease in Mal1 expression (Mal1-deficient mice; solid bars) led to a lower level of plasma triglycerides and cholesterol compared to mice with normal levels of Mal1 expression (Figs. 6-7). Plasma glycerol and FFA were also reduced in mice with decreased Mal1 expression (Figs. 8-9). Plasma triglycerides in Mal1-deficient mice were reduced by 30-40%, and plasma cholesterol was reduced by 15-20% compared to wild  
20 type mice.

These data indicate that inhibitors of Mal1 are useful to assist in achieving weight loss in obese individuals. Reducing circulating FFA by inhibiting Mal1 is used to prevent or inhibit the development of diabetes. The amount of circulating FFA is measured using methods known in the art.

#### Expression of Mal1 in macrophages

Mal1 was found to expressed in the monocyte/macrophage lineage of cells. Expression was found to increase upon exposure to inflammatory stimuli

Macrophages were cultured and treated with lipopolysaccharide (LPS) or phorbol myristate acetate (PMA). Mal1 expression was monitored by northern blot analysis.

30 Fig. 10A shows Mal1 expression in primary mouse macrophages in the presence and absence of inflammatory stimuli (LPS and PMA), and Fig. 10B shows Mal1 expression in two human cell lines (U937, human macrophage cell line; THP-1, human monocyte/macrophage cell line). The results indicate that Mal1 transcription is upregulated after the cells are exposed to inflammatory stimuli. The data also suggest

5 that Mal1 expression is developmentally regulated; the level of expression increases as the cells differentiate from a monocyte phenotype to a macrophage phenotype.

#### Identification of compounds which inhibit Mal1 expression or activity

Compounds that inhibit Mal1 expression or activity (thereby inhibiting development of atherosclerosis) are identified by methods ranging from rational drug  
10 design to screening of random compounds. The screening of compounds for the ability to Mal1 transcription are carried by identifying compounds that block the binding of trans-acting factors to Mal1 promoter sequences. A 5' regulatory region of the Mal1 gene is linked to a functional promoter and a reporter gene, e.g., the gene encoding luciferase or alkaline phosphatase, and expression assays in the presence and absence of candidate  
15 inhibitory compounds are carried out using known methods. For identification of macrophage-specific inhibitors, the expression assays are carried out in macrophages (or in the presence of macrophage lysates) and the level of expression (in the presence and absence of a candidate compound) compared to the level of expression in adipocytes under the same conditions. For luciferase constructs, the cells harboring the construct are  
20 harvested after exposure to the candidate compound and luciferase activity measured; for alkaline phosphatase constructs, the culture medium of the cells is collected and the amount of alkaline phosphatase secreted by the cells into the medium is measured.

Antibodies which bind to a Mal1 polypeptide using methods known in the art. Antibodies or other ligands, e.g., a polypeptide or organic molecule, are screened for  
25 binding to Mal1 using standard methods. For example, a standard ELISA-type assay may be used. A Mal1 polypeptide is immobilized on a plastic culture vessel and antibodies or other ligands are allowed to bind to the immobilized polypeptide. Bound antibody or ligand is detected using a radioactive or visual, e.g., colorimetric, marker.

#### Therapeutic Administration

30 Antisense treatment is carried out by administering to a mammal such as a human patient, DNA containing a promoter, e.g., a macrophage-specific promoter, operably linked to a DNA sequence (an antisense template), which is transcribed into an antisense RNA. Antisense treatment is carried out by administering to a mammal such as a human patient, DNA containing a promoter, e.g., a macrophage-specific promoter, operably  
35 linked to a DNA sequence (an antisense template), which is transcribed into an antisense

5 RNA. For example, the promoter of the scavenger receptor A gene (Horvai et al., 1995, Proc Natl Acad Sci USA 92:5391-5) is operably linked to a mall antisense template to target expression to macrophages.

10 The antisense oligonucleotide may be a short nucleotide sequence (generally at least 10, preferably at least 14, more preferably at least 20 (e.g., at least 30), and up to 100 or more nucleotides) formulated to be complementary to a portion, e.g., the coding sequence, or all of Mall mRNA. Standard methods relating to antisense technology have been described (see, e.g., Melani et al., 1991, Cancer Res. 51:2897-2901). Following transcription of a DNA sequence into an antisense RNA, the antisense RNA binds to its target nucleic acid molecule, such as an mRNA molecule, thereby inhibiting expression of the target nucleic acid molecule. For example, an antisense sequence complementary to a portion or all of Mall mRNA is used to inhibit the expression of Mall to reduce macrophage-mediated atherosclerotic lesion formation. Oligonucleotides complementary to various sequences of Mall mRNA can readily be tested in vitro for their ability to decrease production of Mall, using assays described herein. Methods for therapeutically administering antisense oligonucleotides are known in the art, e.g., as described in the following review articles: Le Doan et al., Bull. Cancer 76:849-852, 1989; Dolnick, Biochem. Pharmacol. 40:671-675, 1990; Crooke, Annu. Rev. Pharmacol. Toxicol. 32, 329-376, 1992. Antisense nucleic acids may be used alone or combined with one or more materials, including other antisense oligonucleotides or recombinant vectors, materials that increase the biological stability of the oligonucleotides or the recombinant vectors, or materials that increase the ability of the therapeutic compositions to penetrate vascular smooth muscle cells selectively.

25 Therapeutic compositions include peptides or antibodies which bind to endogenous Mall, thereby preventing Mall activity, e.g., binding to a fatty acid molecule. Compositions are administered in pharmaceutically acceptable carriers (e.g., physiological saline), which are selected on the basis of the mode and route of administration and standard pharmaceutical practice. Therapeutic compositions include inhibitory proteins or peptides in which one or more peptide bonds have been replaced with an alternative type of covalent bond (a "peptide mimetic") which is not susceptible to cleavage by peptidases. Where proteolytic degradation of the peptides following

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5 injection into the subject is a problem, replacement of a particularly sensitive peptide bond with a noncleavable peptide mimetic will make the resulting peptide more stable and thus more useful as a therapeutic.

Suitable pharmaceutical carriers, as well as pharmaceutical necessities for use in pharmaceutical formulations, are described in Remington's Pharmaceutical Sciences, a standard reference text in this field, and in the USP/NF. A therapeutically effective amount is an amount which is capable of producing a medically desirable result in a treated animal. As is well known in the medical arts, dosage for any one patient depends upon many factors, including the patient's size, body surface area, age, the particular compound to be administered, sex, time and route of administration, general health, and other drugs being administered concurrently. Dosages may vary, but a preferred dosage for intravenous administration of DNA is approximately  $10^6$  to  $10^{22}$  copies of the DNA molecule.

Mal1 inhibitors are administered to a patient by any appropriate method for the particular compound, e.g., orally, intravenously, parenterally, transdermally, transmucosally. Therapeutic doses are determined specifically for each peptide or nonpeptide Mal1 inhibitory compound. For non-nucleic acid type compounds, doses are within the range of 0.001 to 100.0 mg/kg body weight or within a range that is clinically determined to be appropriate by one skilled in the art. The compositions of the invention may be administered locally or systemically. Administration will generally be parenterally, e.g., intravenously.

#### Methods of Diagnosis

Disease states such as insulin resistance, diabetes, dyslipidemia, atherosclerosis, obesity or predispositions thereto are diagnosed by measuring the level of Mal1 transcripts (e.g., mRNA) in macrophages or by measuring the level of Mal1 protein in the cells. A normal control is the level in macrophages derived from a mammal, e.g., a human patient, known not to be afflicted with the disease in question. A normal control may also be a baseline or average value derived from test results using a pool of normal values. An increase (e.g., 5%, 10%, 20%, 50% or more) in the amount of Mal1 transcript or polypeptide detected in a tissue sample (e.g., peripheral blood) compared to a normal control value indicates that the mammal from which the tissue sample was derived has or

5 is at risk of developing insulin resistance, diabetes, dyslipidemia, atherosclerosis, obesity. Patients at risk of developing the disease include those patients who have no other overt symptoms but have a family history of the disease.

Methods of diagnosis also include detecting a mutation in the Mall gene sequence. Nucleic acid is extracted from cells of a patient-derived tissue sample and analyzed. A difference in the sequence compared to the normal control sequence (e.g., SEQ ID NO:2 or 4) indicates a diagnosis of insulin resistance, diabetes, dyslipidemia, atherosclerosis, or a predisposition to developing one or more of the disease states. Methods for detecting mutations, e.g., point mutations, insertions, or deletion) are well-known in the art. For example, mutations are detected by polymerase chain reaction or sequencing methodologies.

Other embodiments are within the following claims.

What is claimed is: